**Patient Name:** BETHEA, MARY

**Date of Birth:** 07/24/1955

**Date of Service:** 08/29/2022

**History of Present Illness:**  
This is a 68 year-old right hand dominant female who was involved in a work related accident on 01/20/06. The patient was sitting down on the seat of a bus when the driver hit the break which caused her to throw out of her seat. Patient injured Left Knee, Right Knee in the accident. The patient is here today for orthopedic evaluation. Patient has done PT in the past, but not recently.

The patient complains of bilateral knee pain that is rated at 8/10 for the left knee and 10/10 for the right knee with 10 being the worst, which varies. Patient states that the pain radiates all along with numbness bilaterally, but right side is worst. Pain increases with everything.

**Past Medical History:**  
Diabetes.

**Past Surgical History:**  
Back surgery x4, left knee meniscus surgery x1, and right knee meniscus surgery x2.

**Past Accident/Injuries:**

**Daily Medications:**  
Pain and diabetes medication.

**Allergies:**  
No known drug allergies

**Social History:**  
Occasional drinking.

**Physical Examination:**  
**Vitals:** On physical examination, the patient is 5 feet 8 inches tall, weighs 185 pounds, BMI 28.1 kg/sq.m,  
**General Appearance:** Patient is a well-developed, well-nourished female in no acute distress. Awake, alert, and oriented x 3. Mood and affect are normal.  
**Gait and Station:** Gait is normal

**Left and Right Knee:**  
Right Knee:  
Examination of the knee revealed no tenderness on palpation. There was no effusion. There was no atrophy of the quadriceps noted. Medial/Lateral McMurray's test was positive. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable.  
  
Left Knee:  
Examination of the knee revealed no tenderness on palpation. There was no effusion. There was no atrophy of the quadriceps noted. Medial/Lateral McMurray's test was positive. Lachman’s test was negative. Anterior drawer sign and Posterior drawer sign were each negative. Patellofemoral crepitus was not present. Valgus & Varus stress test was stable. Range of motion is -5 to 120.

**Diagnostic Imaging:**

**Assessment and Plan:**  
Diagnoses: Bilateral knee pain.  
Plan: Get standing AP, lateral and sunrise views of bilateral knees done and then discuss further treatment.

The patient’s Left Knee, Right Knee were examined   
The patient at the present time is advised to get x-rays done.  
Patient is to return to the office after x-rays done.

Causality: It is within a certain degree of medical certainty, that the history presented by the patient, the objective physical findings as well as the diagnosis rendered is causally related to the injury the patient incurred on the specified date. These current symptoms were nonexistent prior to the accident. Findings were discussed with the patient. Patient is considered 100% temporarily disabled.  
  
In response to the required COVID-19 mandates the following precautions have been taken. Doctors and Medical Assistants wore masks and gloves; examination rooms are completely disinfected after each use. Patient was required to wear a mask. Temperature scan was administered prior to examination. No more than 10 people were permitted in the waiting room at any time as this is the max that can be achieved while still maintaining six (6) feet social distancing guidelines. Only the patient was permitted in the examination room.



**L Sean Thompson, M.D.**